

**CHAPTER 5:** Home Education: Strengthening Your Child's Mind to Learn for God



*A*s Christians, how should we describe a truly educated child?

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*T*he true test of a child's education is what?

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Why do schools not exercise all of a child's mental muscles so they can enter adulthood with a strong mind and the will and skill to learn whatever is necessary?

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Learning is far too \_\_\_\_\_ to reduce it to just \_\_\_\_\_ mental muscles. Nonetheless, they can provide a useful way of looking at your children that can free you from the culturally conditioned dependence on \_\_\_\_\_ to evaluate your child's \_\_\_\_\_.

What are the 7 mental muscles?

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_
6. \_\_\_\_\_
7. \_\_\_\_\_



## Mental Muscle #1: Language



What does language skill allow your children to do?

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The power of God's gift of language is in the ability to use words to move people--to cause another person to do what six things?

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_
6. \_\_\_\_\_

Name the 5 ways we can help strengthen our children's mental muscle of language.

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_



## Mental Muscle #2: Appetites



Your children will pick up many of their appetites from \_\_\_\_\_  
\_\_\_\_\_ not just from  
\_\_\_\_\_.

The ultimate goal is to train our children's spirits not only to desire but also to discern what 6 qualities in the appetites they allow to grow in their hearts?

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_
6. \_\_\_\_\_

We are training our children's appetites to discern the \_\_\_\_\_  
from the \_\_\_\_\_ by teaching them to prefer excellence.





What are the 6 appetites mentioned that need training? Can you think of any others? If so, what are they?

1. \_\_\_\_\_
  2. \_\_\_\_\_
  3. \_\_\_\_\_
  4. \_\_\_\_\_
  5. \_\_\_\_\_
  6. \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_

### *Mental Muscle #3: Habits*

What is a mental habit?

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_





What are the 8 important habits which are related to an effective education?

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_
6. \_\_\_\_\_
7. \_\_\_\_\_
8. \_\_\_\_\_

### *Mental Muscle #4: Creativity*

What is one possible reason that creativity has declined in K-6 public school students since 1990?

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hat are the 5 ways listed in the book as ways you can strengthen the mental muscle of creativity in your children?

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_

## Mental Muscle #5: Curiosity

Curiosity is in many ways the \_\_\_\_\_ of \_\_\_\_\_ . However, because children lack the natural \_\_\_\_\_ that comes with \_\_\_\_\_, curiosity is a thirst that can lead them to drink from contaminated wells as readily as from mountain springs.



Any pursuit of knowledge can become empty and vain if it does not lead back in some way to a knowledge of God as the source of all that is good and true. ~ Clay Clarkson





Why must discipleship undergird education?

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Name the 6 ways that are given that can strengthen your children's mental muscle of curiosity.

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_
6. \_\_\_\_\_

### *Mental Muscle #6: Reason*

\_\_\_\_\_ is the ability to reach out; \_\_\_\_\_  
is the ability to go in the right direction.







**R** Reason is the process of accounting for what we know is \_\_\_\_\_ and \_\_\_\_\_ in light of our knowledge of \_\_\_\_\_ and the \_\_\_\_\_.

**W**hen it comes to reason, what is the parents' role?

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**N**ame 4 ways you can reinforce reason at home.

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_



## Mental Muscle #7: Wisdom



Godly wisdom begins with a redeemed \_\_\_\_\_ --  
the \_\_\_\_\_ is turned to God, \_\_\_\_\_ to \_\_\_\_\_ is  
broken, and the \_\_\_\_\_ indwells the new believers,  
making him a new creation with the \_\_\_\_\_ of \_\_\_\_\_.  
But receiving the mind of Christ is not the same as receiving God's  
\_\_\_\_\_. The former must be exercised for the latter to grow.

Name 5 ways we can help our children grow in wisdom.

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_

## Cultivating a Positive Learning Attitude

What is the ultimate purpose of true education?

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Name 7 ways you can cultivate a positive learning attitude in your children.

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_
6. \_\_\_\_\_
7. \_\_\_\_\_

## *Creating a Positive Teaching Attitude*

Learning should be a natural, enjoyable part of family life. As parents, what questions should we ask ourselves about our own mental muscles and heart for learning?

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Name 7 ways you can cultivate a positive learning attitude in your children.

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_
6. \_\_\_\_\_
7. \_\_\_\_\_

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