

# Chicken Joes

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## Ingredients

2 Tb extra virgin olive oil	½ tsp salt
2 pounds ground chicken	½ tsp pepper,
1 green bell pepper, diced	3 Tb tomato paste
1 onion, diced	1 Tb Worcestershire sauce
1 can (15 oz) tomato sauce	1 Tb apple cider vinegar
½ tsp roasted coriander	3 Tb honey
½ tsp garlic powder	Rolls and cheese slices for serving

## Instructions

To begin, heat the extra virgin olive oil in a large skillet over medium heat. Add the chicken, onion and pepper. Cook these until the chicken is no longer pink, and the peppers are just tender. Place the chicken mixture in a crockpot that has been sprayed with non-stick cooking spray. Add in all the remaining ingredients except the rolls and cheese, or course. Stir together and cook on low heat for 4-5 hours. Serve on a roll and top with a slice of cheese. Pair it with your favorite sides.

Enjoy!